Thirty One Employees To Be Honored

Thirty one employees will receive CRH service awards this year. All employees who have completed five or multiples of five years of continuous service to May 31 will be honored at the 2017 Annual Employee Awards Dinner in May. The list of employees receiving awards is being published in advance to allow the opportunity to correct any names listed or excluded by error. Contact Human Resources with corrections. Congratulations to the following for their loyal service to our patients:

40 years: Mary-Jo Smith, Susan Casey
35 years: Marian Guire
30 years: Vicki Clark, Steven McFadden
15 years: Carlton Miller, Catherine Blake, Lisa Edgerly, Kristine Mesman, Anita Flagg, Lisa Trafton, Anne Sluzenski.
10 years: Trudy James, Heidi Williams, Candace Robichaud, Angela Clark, Christopher Scalabrini, Benai Parks, Brian Walton, Debra Hill, Jo-Ann McGovern, Terry Handrahan.
5 years: Alison Monaghan, Kendra Thompson, Ann Ingersoll, Dustin Korasadowicz, Laura Warren, Aaron Morris, Mindy Smith, Angelia Fader-Day, Diane Seeley.
Meet Our New VP of Quality and Performance Improvement

Andrea Poulos, RN joined CRH as the VP of Quality and Performance Improvement on Monday, March 20.

Andrea is from Lubec and earned her Bachelor of Science degree in Nursing from George Mason University, Fairfax, VA where she graduated with high honors. She also completed an internship at the cardiovascular Intensive Care Unit at Mary Washington Hospital, Fredericksburg, VA. Andrea holds licenses or certifications in the following: RN State of Maine; BLS; ACLS; Certified Professional in Healthcare Quality; Certified Professional in HC Risk Management; and Greenbelt, Lean Six Sigma. She also is an active member of the Maine Association for Healthcare Quality (board member); National Association for Healthcare Quality; American Society for Quality and American Society for Healthcare Risk Management.

Andrea’s recent employment experience includes VP of Quality Improvement at Down East Community Hospital in Machias from 2012 to 2017 and Director of Nursing/MDS Coordinator at Oceanview Nursing Home in Lubec.

Nominate For The Excellence Award

Do you know an employee at CRH whose daily life is an inspiration to others, both personally and professionally, and brings distinction to us all? Does this individual exemplify honesty, integrity and ethical behavior? If so, nominate this individual for the 2017 CRH Excellence Award.

From CRH nominees, one individual will be selected as the winner. Nominees should be employees who have demonstrated teamwork and respect for people, service to others, commitment to improving the world around them, outstanding customer service, and dedication to quality. To be eligible, employees nominated must be in good standing.

Nomination forms are available in HR and on the CRH Intranet. Provide as much detail on this form as possible. This information is used to make the selection. Return your nomination in a SEALED ENVELOPE to HR no later than 8 a.m., Monday, April 3.

Current employees who have received the CRH Excellence Award are Mona Van Wart, Shelly Bodkin, Shirley Richardson, Kris Mesman, Cheryl Trader, April Free, Brenda Prout, Mary-Jo Smith, Marlene Dobson, Ericka Marshall and Karen Childs.

New Safety Equipment Installed in Inpatient PT Room

An overhead track and harness system has been installed in the inpatient physical therapy room. This equipment is designed to protect patients from falling during the rehabilitation process while giving them the confidence they need to break through their barriers in a safe environment.

The equipment will provide support for a patient up to 600 lbs during all aspects of physical therapy, including sit-to-stand, walking therapy, balance training and climbing stairs.

A Sign of Spring

Daffodils! Support the CRH Relay for Life Team by purchasing daffodils. A bundle of ten fresh-cut daffodils is $10. The delivery date is April 13. Order sheets are in all departments.

Orders must be received in community relations or with Tomi Ellsmore in CRMS on or before April 6 at 3 p.m. and payment must accompany orders.
Employee News

Welcome back to Rebecca Kendall (Blake) FT CNA IPCU.

Sorry to see you go to Joe Walker, RRT and Vimi Walker, Central Scheduler who are relocating to West Virginia.

Linda Stevens per diem CRMS MA has changed status to full time CRMS MA.

Congratulations to Tammy Donahue and Linda Stevens who both passed their national Medical Assistant certification exam.

New Faces at CRH

![Rebecca Kendall](image)

Rebecca Kendall (Blake) CNA IPCU

The winner from the Above and Beyond nominations for April is Karen Childs for "volunteering her time & energy in Material Management in filling orders when one of the staff became ill." There were 16 entries in February. To recognize someone, simply complete a recognition card available in the lobby, cafe, and Inpatient Care Unit and submit to Community Relations.

The winner will receive use of the reserved parking space in the Staff Parking Lot closest to the hospital for one month.

Events Committee

- Wear Jeans 1st and 3rd Wednesdays to benefit employee events.
- Uniform Fair CRH Classroom May 17-18.
- Book & Gift Fair CRH Classroom May 30-31.

COMPLIANCE

It is the intent of Calais Regional Hospital to maintain a working environment free of harassment, intimidation or exploitation. Should you as an employee feel that you are the victim of unwelcome sexual advances, requests for sexual favors or other forms of verbal or physical conduct in a threatening manner by any Hospital employee, supervisor or its agents, you are urged to contact the Department of Human Resources or Chief Executive Officer immediately. All complaints of this nature will be investigated promptly and information will be given only to those with a need to know. Harassment and/or threatening behavior will not be tolerated and may result in discipline up to and including discharge.

Speak up if you know of, or suspect unethical behavior. Contact the Compliance Officer Ext 228 or call the Confidential Employee Values Line at: 1-800-273-8452

April Birthdays

<table>
<thead>
<tr>
<th>Name</th>
<th>Month</th>
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<tbody>
<tr>
<td>Lisa Trafton</td>
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<td>Bruce Stevens</td>
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<td>Nicole Footer</td>
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<td>Trudy Gillespie</td>
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<td>Karen Davis</td>
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<td>Gina Ranalli</td>
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<td>Dr. Nima Moghaddas</td>
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<tr>
<td>Tomi Ellsmore</td>
<td>13</td>
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<td>Marty Colson</td>
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<tr>
<td>Diana Howell</td>
<td>19</td>
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<tr>
<td>Drew Kane Coffin</td>
<td>23</td>
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<td>Phyllis Leidy</td>
<td>24</td>
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<tr>
<td>Suzette Scott</td>
<td>24</td>
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<tr>
<td>Daniel Snyder</td>
<td>28</td>
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The CRH Auxiliary meeting was held at 6 p.m. on March 6 at the CRH classroom with thirteen members in attendance including hospital representative DeeDee Travis and prospective member Jackie Perkins.

Tickets for an Easter Basket drawing are available in the gift shop or from members and will be drawn April 13.

The vein finder machine the Auxiliary purchased will be demonstrated at the May meeting. It will be used in several areas of the hospital.

There will be a mystery pound auction at the April meeting to benefit the Fun Fund. Some suggestions for items were – candy, bubble bath, candles etc. But anything that weighs 1 pound can be submitted for the fun!

Helen Taylor won the 50/50 draw and donated it to the Fun Fund account.

Our next meeting will be April 3 in the CRH Classroom at 6 p.m. Refreshments are: sandwiches, Kathy M. and Kristi S. & sweets, Irene M. and Heather R.

Auxiliary News
by Helen Taylor, President

Schedule of Events
Free Blood Pressure Clinic
Woodland Manor, Baileyville
Tuesday, April 4, 9 a.m.
CRH Prenatal Classes
CRH Classroom
Saturday, April 8, 8-12 p.m.
Diabetic Support Group
CRH Classroom
Wednesday, April 26, 6 p.m.
CRH Breakfast Club
Open to All Community Members
Wickachee Restaurant
Wednesday, April 26, 7 a.m.

This newsletter is published monthly by the community relations and human resources departments. CRH is an equal opportunity organization.